

#ExpertsinResidence

INGRID PALMER

Ingrid Palmer is the Director Networks and Relationships Toronto Neighbourhood Centres, the Diversity Equity, and Inclusion Coordinator at Macaulay Child Development Centres, as well as a Community Consultant and Co Chair of the Accessibility In Action project at the Institute for Research and Inclusion in Society.

In addition, she is an award winning inspirational speaker, and the founder and CEO of Focus On Ability – a motivational campaign designed to inspire triumph over adversity.

As a partially sighted woman of color, Ingrid works with organizations to build stronger and supportive communities. A former Crown Ward herself, Ingrid has championed voices in the child welfare, disability, education, housing, and poverty sectors.



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