

#ExpertsinResidence

BEVERLY KEESHIG-SOONIAS

Beverly Keeshig-Soonias, L.L.B. M.Sc., is a registered psychologist. She has unique a combination of life experience, theoretical background and personal attributes. She is an Indigenous woman, a member of the Chippewas of Nawash First Nation. Her spouse, Soonias, L.L.B., is a member of the Red Pheasant First Nation. Her parents and family members are survivors of Indian residential schools. Beverly extensive knowledge about wahkotowin (the business of being attached), the intergenerational and systemic effects of the Residential School Experience (intergenerational trauma), family systems, adolescents, addictions, and the power of healing. She has worked with adolescents and families since 1995 and for community agencies. Over the years Beverly has been involved in the Indigenous community and in the multi-cultural community in Central Alberta serving on community boards such as the Red Deer Native Friendship Centre, Alberta Central **Diversity** Association, the Community Housing Advisory Committee, and as an ongoing volunteer.



Heritage Family Services has utilized her services in Indigenous/Diversity Development since 1995. In this role she is able to share a rich Indigenous heritage, information regarding colonialism, and her experience as an indigenous woman at this time in history.

Click here to book a session with Beverly or email experts@cwlc.ca if you need more info.